

## **SUGGESTED RESOURCES TO ADDRESS PORNOGRAPHY USE/ADDICTION<sup>1</sup>**

*Note: These resources are recommended by Defend Dignity. If you do not find one or more of these resources helpful or appropriate, please let us know, so that we can revise this document for future use.*

### **Information on Violent Images/Pornography**

Defend Dignity  
<http://defenddignity.ca/>

Fight The New Drug  
<https://fightthenewdrug.org/>

Fortify (online Support Youth & Adults)  
<https://fightthenewdrug.org/get-help/>

Strength to Fight  
<https://strengthtofight.ca/>

### **Keeping Kids Safe Online**

Protect Young Minds  
<http://protectyoungminds.org/resources/>

[https://www.huffingtonpost.ca/entry/theresa-payton-keep-kids-safeonline\\_us\\_5a944d02e4b02cb368c46c87](https://www.huffingtonpost.ca/entry/theresa-payton-keep-kids-safeonline_us_5a944d02e4b02cb368c46c87)

### **Articles of Interest**

<https://www.challies.com/tag/pornography/>

<https://www.challies.com/articles/the-porn-free-family-plan/>

<https://www.cbc.ca/news/canada/teens-sexting-education-1.3789913>

### **Additional Resources to Consider<sup>2</sup>**

Raised on Porn (<https://raisedonporn.com/>)

Focus on the Family (<https://www.focusonthefamily.ca/>)

Conqueror Series (<https://www.conquerseries.com/>)

Stephen Arterburn, *Every Young Man's Battle* (Waterbrook Press, 2009).

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<sup>1</sup> These resources were gleaned from the "Reveal" document that was produced by Defend Dignity. (<https://defenddignity.ca/resources/>)

<sup>2</sup> These resources were gathered by the planning team of the Dangers of Pornography Workshop.

Dangers of Pornography Workshop  
Neerlandia CRC April 30/23

Shannon Ethbridge, *Every Young Woman's Battle* (Waterbrook Press, 2009).  
**Sexual Addiction Counsellors in Edmonton, AB<sup>3</sup>**

**Christina Bell, Psychologist, RPsych, CSAT.**

Certified Sex Addiction Therapist  
710 - 9707 110 Street  
Edmonton, Alberta  
(866) 278-8442  
Specialities- Relationship issues,  
Sexual Addiction, Anxiety. Work  
regularly with pornography  
addiction. Client Focus- Adults.

**Samuel Arthur Platts Psychologist, MA. R.Psych, CSAT.**

Figure 8 Counselling Services  
Edmonton, Alberta  
(587) 840-5003  
Specialties- Sexual Addiction,  
Infidelity, Mood Disorder. Specialize  
in process addictions, primarily sex  
and pornography.  
Client Focus- Adolescents/ Teenagers  
(14-19) and Adults

**Rita Ann Martino M.Sc.**

**Cornerstone Counselling**

#302-10140 117th St  
(780)-482-6215  
[rita.martino@yahoo.ca](mailto:rita.martino@yahoo.ca)  
Marriage and family therapy.  
Divorce, parenting, trauma,  
grief, sexual abuse, addiction,  
eating disorder, depression and  
anxiety, spiritual issues

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<sup>3</sup> As recommended by Defend Dignity.